



# Woodlands York

## Level 2 Neurological Rehabilitation Centre

Woodlands provides specialist Level 2 Neurological, Neuro Rehabilitation and Neurobehavioural services.

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Woodlands works in conjunction with York Teaching Hospitals NHS Foundation Trust and the Humber Coast and Vale STP, to deliver high quality intensive neurological rehabilitation, physical, cognitive, functional and vocational assessments, behavioural management and complex disability assessments for adults.

We support patients with acquired brain injury, traumatic brain injury, severe neurological conditions, complex stroke and spinal cord injury. We can undertake SMART assessments for patients with Prolonged Disorders of Consciousness (PDoC) and create bespoke treatment plans.

Our Clinical Director, Dr Platts, Consultant in Rehabilitation Medicine, leads our specialist interdisciplinary team including a Junior Doctor, Speech and Language Therapists, Occupational Therapists, Physiotherapists, Neuropsychologist, Therapy Technicians, specialist Nurses and Rehabilitation Assistants.

We receive input from other professions allied to medicine, including dietetics, orthotics, podiatry, wheelchair services and Music Therapy.

The Centre is a purpose built building with 25 en-suite bedrooms plus 2 further rooms forming a transitional living flat all set within 3.5 acres of gardens.

### Services we offer

- Post acute COVID pathway
- Neurological rehabilitation
- Cognitive rehabilitation
- Neurobehavioural rehabilitation
- Management of progressive neurological conditions
- Specialist spasticity management
- SMART Assessment of Prolonged Disorders of Consciousness (PDoC)
- Specialist nursing care

### Supported conditions

- Brain injury
- Spinal injury
- Stroke
- Progressive neurological conditions
- Prolonged disorders of consciousness

### Facilities

- 25 bedrooms with en-suite
- 2 bedroom self-contained transitional living flat
- Landscaped garden
- 2 large gyms
- Therapy kitchen
- Conservatory
- 2 television lounges
- Tea Bar
- Free parking

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Inspected and rated

Good

