

Wycliffe House  
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Wycliffe House offers a safe place for men, who have been diagnosed with an acquired brain injury, who find it hard to engage with traditional services, and who also suffer or have suffered with substance misuse.



Neurological Rehabilitation  
Unlocking Potential

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Welcome to  
*Wycliffe House*

The service is psychology driven in its approach, seeking to engage with service users through a highly empathic and non-judgmental approach. This enables service users, over time, to develop coping skills, which allows them to be less reliant on alcohol or other substances and therefore able to make better and more realistic decisions about their lives.

Service users will need to be open to engagement and participation in their rehabilitation programme.



**The aims of the service are to keep people safe, healthy, enable change and unlock potential.**

As part of this psycho-social approach, the service will also adopt some of the components of a Therapeutic Community. Service users and staff will regularly attend a community meeting to review the previous 24 hours, plan the next, challenge behaviours through peer review and work out solutions.

Supervision for staff will be provided and staff will be trained in neuro-rehabilitation and positive behaviour support, reducing restrictive practice and substance misuse. They will also be trained in keeping people safe when under the influence of substance misuse. There will be three staff on duty at any one time over a 24-hour period, overseen by the services' Unit Manager.

Some staff will also be trained in motivational interviewing, which works with the 6 stages of the cycle of change.

Motivational interviewing:

- **Assumes motivation is fluid and can be influenced**
- **Motivation is influenced in the context of a relationship**
- **Principal task is to work with ambivalence and resistance**
- **Principal goal is to influence change in the direction of health**
- **The above is achieved through open ended questions, affirmations, reflective listening and summarisation.**

Service users will need to be physically independent, have capacity when not influenced by substances and not have a history of significant physical violence to others, including arson and sex offending. They should also not be currently detained under the Mental Health Act, 1983 (unless Ministry of Justice supported).