

Specialist Neurological Rehabilitation at Christchurch Group

A short guide to our services for health care professionals, case managers, local authorities & legal professionals.



Neurological Rehabilitation
Unlocking Potential



A WARM WELCOME TO CHRISTCHURCH GROUP

Welcome to Christchurch Group, providers of award-winning specialist neurorehabilitation since 1998.

We are proud to achieve life-changing outcomes for adults with brain and spinal conditions resulting from injury, illness or disease.

Established to provide high quality brain injury rehabilitation within a community setting, since 1998 Christchurch Group has expanded its services to include neurobehavioural rehabilitation and specialist complex nursing including spinal injury rehabilitation, ventilated care, stroke rehabilitation, the management of progressive neurological conditions and intermediate care and reablement.

A leading provider of expert rehabilitation, Christchurch Group has centres in six UK locations – York, Lincoln, Birmingham, Northampton, Bedford and Harwell in Oxfordshire.

The Christchurch Rehabilitation Programme is truly patient-centred with care provided by highly experienced, internationally renowned rehabilitation medicine consultants, neurologists and spinal injury specialists. An interdisciplinary team comprising neuropsychiatrists, neuropsychologists, physiotherapists, speech and language therapists, occupational therapists and specialist nurses provide therapy, working closely with residents, families and commissioners to develop and achieve rehabilitation goals.

We are passionate about delivering rehabilitation which maximises independence and recovery, so residents can return home and live more independent lives. We also know that successful rehabilitation reduces the length of hospital stays and the lifetime costs of care, with research-based evidence proving the effectiveness of specialist rehabilitation for people with traumatic brain injuries, spinal injuries and stroke.

Location	Level of Service	Name of Service	Consultant in Rehabilitation Medicine	Clinical Therapy Team *	Registered Nurses	ABI/TBI Rehab	Stroke Rehab	Degenerative Neurological Conditions	Detained (MHA)	Ventilated	Spinal Injury	Trachy Care	PDoC	Long Term Complex Placement
Bedford	3	Park House	✓	✓		✓	✓	✓						✓
Northampton	3	Lloyd House	✓	✓		✓	✓	✓						✓
Northampton	3	Christchurch View	✓	✓		✓	✓	✓						✓
Northampton	3	Abington View	✓	✓		✓		✓						✓
Northampton	3	Wycliffe House	✓	✓		✓		✓						✓
Oxfordshire	3	Orchard House	✓	✓		✓	✓	✓						✓
Lincoln	3	The Laurels	✓	✓	✓ **	✓	✓	✓						✓
Birmingham	3	Hunters Moor (JBU)	✓	✓	✓	✓	✓	✓			✓ C5 & Below		✓	✓
Birmingham	Independent Hospital	Hunters Moor (OCU)	✓	✓	✓	✓	✓	✓	✓					
Birmingham	3	Hunters Moor (CRU)	✓	✓	✓	✓	✓	✓						✓
York	2	Woodlands	✓	✓	✓	✓	✓	✓			✓ C5 & Below	✓	✓	✓



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Unit Name	Address	Telephone	Email	
Park House	28 St Andrews Road, Bedford, MK40 2LW	01234 261993	referrals@christchurchgroup.co.uk	
Lloyd House	4 Christchurch Road, Northampton, NN41 5LL	01604 824200	referrals@christchurchgroup.co.uk	
Christchurch View	2 Christchurch Road, Northampton, NN41 5LL	01604 824201	referrals@christchurchgroup.co.uk	
Abington View	6 Beckett Way, Northampton, NN3 6EX	01604 390234	referrals@christchurchgroup.co.uk	
Wycliffe House	2 Christchurch Road, Northampton, NN41 5LL	01604 824203	referrals@christchurchgroup.co.uk	
Orchard House	High Street, Harwell, Oxford, OX11 0EX	01235 834704	referrals@christchurchgroup.co.uk	**Outstanding Service**
The Laurels	148 Sheridan Close, Lincoln, LN2 4JX	01522 532 596	referrals@christchurchgroup.co.uk	**Outstanding Service**
Hunters Moor (JBU)	135 Cateswell Road, Birmingham B28 8LU	0121 777 9343	referrals@christchurchgroup.co.uk	
Hunters Moor (OCU)	135 Cateswell Road, Birmingham B28 8LU	0121 777 9343	referrals@christchurchgroup.co.uk	
Hunters Moor (CRU)	135 Cateswell Road, Birmingham B28 8LU	0121 777 9343	referrals@christchurchgroup.co.uk	
Woodlands	120 Thief Lane, York, YO10 3HU	01904 430600	referrals@christchurchgroup.co.uk	

Life changing outcomes

The Christchurch Rehabilitation Programme uses a goal-orientated approach with team members working together towards appropriate rehabilitation goals. The resident and their family work with the therapy team to set goals related to their physical progress, functional abilities, independence, leisure and work activities and interaction and communication with those around them.

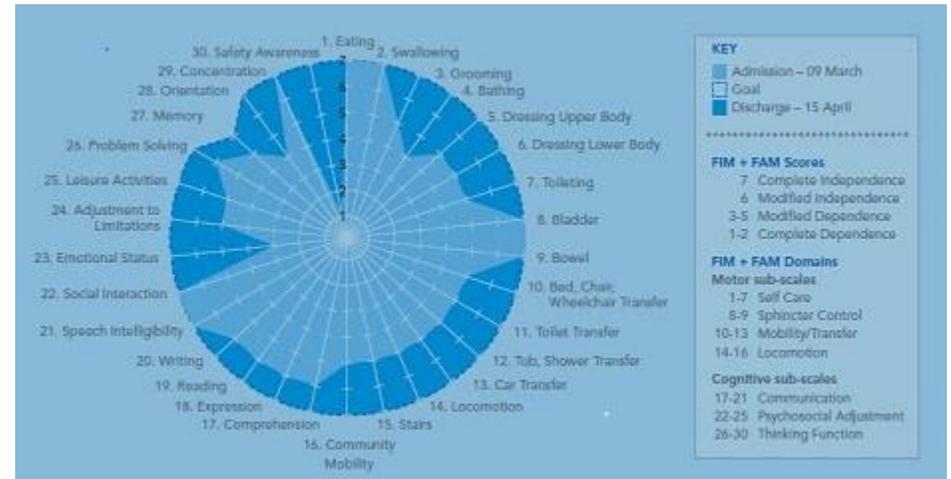
National clinically recognised tools set out under the UKROC framework are used to assess and monitor progress. These outcome measures include the Functional Independence Measure/Functional Assessment Measure (FIM + FAM) and the Goal Attainment Scale (GAS).

Measuring rehabilitation progress

We use FIM + FAM charts to demonstrate the progress individuals make as they undergo neurorehabilitation.

This chart details the progress of an individual resident at Christchurch Group for 37 days following a road traffic accident. The accident caused severe memory problems as well as some physical difficulty resulting in him requiring daily personal care.

The FIM + FAM chart shows his progress from dependence to independence in thirty areas from grooming and toileting to walking, climbing stairs and the strengthening of his emotional status. This individual was able to return home to live with his family independently, without the need for nursing or personal carers.



Referring, assessments and admission

Referrals are welcome from health professionals, social care and personal injury professionals and representatives from Clinical Commissioning Groups and Commissioning Support Units.

- Christchurch Group staff will arrange to visit the referred individual to assess their needs and find out if they would benefit from a period of specialist neurological assessment and/or rehabilitation. Assessments are free of charge and without obligation and always carried out by at least one clinician.
- We have good relationships with NHS colleagues and work closely with them to ensure our clinicians have a full understanding of the individual and their requirements.
- Assessments will be conducted within five working days of receiving a formal referral. At this stage, clinicians also discuss rehabilitation goals with the family and review recent clinical reports to gather as much background information as possible. This enables them to make the most effective recommendations.
- Following an assessment and interdisciplinary team meeting, Christchurch Group will make recommendations via a formal written report. If a placement is recommended, then a comprehensive assessment report and bed offer will be sent with costs.
- Prior to admission, individuals and their families are welcome to visit the recommended centre so everyone can meet staff and see the facilities.
- The length of the resident's stay will vary according to the aims agreed on admission and the individual potential of each resident. Nationally recognised outcome measures monitor and record progress and are produced for resident reviews and in the discharge reports produced for each resident.
- Funding for residents is primarily obtained through Clinical Commissioning Groups either directly or via Continuing Healthcare Departments or Commissioning Support Units. Social care funding also provides placements with Christchurch Group and agreements for joint funding is common practice.

FURTHER INFORMATION

To make a referral you can either call our dedicated referrals number:
T:07595 655239 or call the unit and ask to speak to the service manager.

Or send an email to:

Referrals@christchurchgroup.co.uk

Further information on each service is available on the 'locations' page on our website www.christchurchgroup.co.uk

For news and events you can follow
us on social media:

ChristchurchGro



Christchurch Group



Christchurch Group Neurological Rehabilitation



WORKING CLOSELY WITH FAMILIES

FAMILY MEMBERS PLAY A VITAL ROLE IN THE REHABILITATION PROCESS. FAMILIES PROVIDE CHRISTCHURCH GROUP STAFF WITH VALUABLE INSIGHT INTO THE PERSON'S PREFERENCES, VALUES, PERSONALITY AND ASPIRATIONS.

- A family member or significant individual, chosen by the resident where possible, will be invited to attend regular review meetings with the interdisciplinary team and professionals case managing and/or funding the placement. All are involved in reviewing progress and in decisions about care plans, long and short-term goals and planning for discharge. Assigned to each resident is a key worker and key therapist, who facilitate communication between the family, carers and funding authority, keeping them updated about the resident's progress and rehabilitation goals.

The impact of a neurological condition can dramatically affect the whole family, not just the individual with the condition. Christchurch Group also supports families by providing advice, support and access to psychology and counselling services. In addition to regular review meetings, families can stay in touch with Christchurch Group via monthly Residents' Forums (families welcome), newsletters and seasonal activities.



REHABILITATION FOR ALL STAGES OF RECOVERY

Christchurch Group centres offer a range of accommodation to reflect the developing independence of residents, including en-suite bedrooms, bedsits, independent living flats, transitional living units and small community houses.

Christchurch Group teams support residents with an integrated rehabilitation pathway from acute rehabilitation to community outreach in their own home.

The rehabilitation pathway sets out what should occur during the specified period of care using evidence-based guidelines. The interdisciplinary team work closely together to develop, monitor and evaluate outcomes to ensure that residents reach their rehabilitation goals where possible.

Rehabilitation plans focus on the cognitive, social, emotional, psychological and physical effects of the condition and consider the individual's long and short-term goals.

There are sometimes occasions when people are unable to move home or into supported accommodation due to having complex needs which will not improve. For these residents, longer-term community placements are provided.